"29B. Prohibition on the use of portable electronic devices – No person shall operate, nor shall the operator or the pilot-in-command of an aircraft allow the operation of any portable electronic device on board an aircraft in flight, which may cause interference with the navigation or communication system of the aircraft:

Provided that this rule shall not apply to portable voice recorders, hearing aids, heart pacemakers, electric shavers or other portable electronic devices which, in the opinion of the operator, do not cause interference with the navigation or communication system of the aircraft on which it is to be operated and for which such operator has obtained approval of the Director General.